

ANCESTRAL TECHNOLOGY INIPI CEREMONY - SOUTHERN UTE SUNDANVE ALTAR

RETURN TO THE WOMB OF THE MOTHER ALL OF OUR MOTHERS, THE EARTH MOTHER. THE ONE THAT NURTURES US BACK TO A PURE STATE OF MIND

THIS CERIMONIAL WAY OF USING THE ALTAR AND SWEAT LODGE HAS BEEN HANDED DOWN BY NAVAJO RELATIVES TO HELP HEAL THE PEOPLE. WHEN UTILIZED IN ACCORDANCE WITH PROPER PROTOCOLS AND SONGS, PRAYERS AND THE ALTAR, WE GET TO TRANSCEND BACK TO PLACES WHERE THE TRAUMAS ARE DEEP IN OUR SUBCONSCIOUS

IT IS IN THAT SPACE THAT WE GET A CHANCE TO FORGIVE THE PAST, SHED SOME TEARS, REMEMBER OUR RELATIVES AND TALK TO THE CREATOR AND ASK FOR HELP. TOGETHER AS A HOLY CIRCLE OF HUMANS, WE CREATE A LIGHT THAT IS VERY POWERFUL AND CAN HEAL JUST ABOUT ANYTHING.

SCHEDULE

FRIDAY

3 PM CHECK IN - PHONES SHALL BE KEPT IN YOUR ROOMS FIRE PIT WILL BE ILLUMINATED ENJOY ALL THE AMENITIES ON THE PROPERTY

3 PM - 8PM - PERFECT TIME TO EXPLORE LAMBERTVILLE NJ AND NEW HOPE PA. BOTH WITHIN WALKING DISTANCE

8 PM - GROUP GATHERING TO INTRODUCE MOVE RETREATS AND CHIMNEY HILL ESTATES AND EXPLAIN THE EVENTS OF THE WEEKEND IN FURTHER DETAIL

(SATURDAY MORNING THE BUILDING OF THE LODGE WILL BEGIN AND WE ENCOURAGE ALL TO INTERACT WITH THIS PROCESS OF THE JOUNET)

SATURDAY.

8:00 - 10:00 - AM BREAKFAST

11:11 - YOGA /BREATHWORK PRE-SWEAT GENTLE FLOW YOGA AND BREATH WORK TO PREPARE BODY, MIND AND SPIRIT

1:11 - THE LODGE FIRE WILL START TO BE BUILT

4:44 - 5:55 - ESTIMATED TIME TO ENTER THE LODGE - COMMUNAL DINNER AFTER

SUNDAY

7AM - MEDITATION NATURE WALK (WALK TO THE TOP OF THE MOUNTAIN BE ONE WITH NATURE BE ONE WITH YOURSELF)

8:00 - 10:00 AM BREAKFAST (FIRE FOR LODGE STARTS AT 8 AM)
11:11 - SWEAT LODGE

1:11 - YOGA/BREATHWORK

ROOM CHECK OUT IS AT NOON VISIT CHIMNEYHILLESTATE.COM/RETREAT FOR PICTURES

PRICING

MASTER SUITE - \$5500 (PERFECT FOR A LARGE FAMILY, A MENS GROUP OR TWO COUPLES)
- 2 SEPERATE ROOMS - KING AND QUEEN BEDS
- SPIRAL STAIRCASE
- COT CAN BE ADDED
- LARGE OUTSIDE DECK
- GAS FIREPLACE

BARN CONFERENCE SUITE \$3300
- QUEEN SIZE BED
- GAS FIREPLACE

BARN - SUITE 1 - \$2000 SLEEPS 2
- QUEEN SIZE BED + GAS FIREPLACE

BARN - SUITE 2 - \$2000 SLEEPS 2
- QUEEN SIZE BED + GAS FIREPLACE

SUITE 3 - \$2500 SLEEPS 2
- KING SIZE BED
- LARGE ROOMS
- OT CAN BE ADDED
- SPIRAL STAIRCASE
- JACUZZI
- DOUBLE SIDED FIREPLACE

BARN SUITE 4 - \$2500 SLEEPS 2
- KING SIZE BED
- LARGE ROOMS
- CAN FIT COT
- SPIRAL STAIRCASE
- JACUZZI
- DOUBLE SIDED FIREPLACE

COLONIAL - ROOM 1 - \$1400, KING SIZE BED

COLONIAL - ROOM 2 - \$1200, QUEEN SIZE BED

COLONIAL - ROOM 3 - \$1400, KING SIZE BED

COLONIAL - ROOM 4 - \$1250, QUEEN SIZE BED

COLONIAL - ROOM 5 - \$1400,
- KING SIZE BED GAS FIREPLACE

COLONIAL - ROOM 6-\$1400,
- QUEEN SIZE BED + GAS FIREPLACE

COLONIAL - ROOM 7 - \$1400 QUEEN SIZE BED

EXTRA AMENITIES

2 - 6 PERSON HOT TUBS THAT ARE COMMUNAL 12 PERSON TRADITIONAL DRY SAUNA, COLD PLUNGE GREENHOUSE HOUSE EVENT SPACE CARRIAGE HOUSE EVENT SPACE LARGE FIRE PLACE & WOOD FIRE PIT IN THE MAIN HOUSE